

DBP Book Review

Name of Book: <i>Good-Enough Mother</i>	Author: René Syler
Publisher: Simon Spotlight Entertainment	Date of Publication: 2007
Name of Reviewer: Julie Gallombardo	Date of Review: April 2007
Intended Audience (choose from Parents, Children, Professional, Other): Parents	
Purpose of the book: <i>Good-Enough Mother</i> is a collection of essays written by a well-known working mother (Anchor of <i>The Early Show</i> on CBS) for mothers about the rewards and struggles of motherhood and the fine balance of family, career, and a personal life.	
Theoretical Basis: Syler reflects on her personal experiences with humorous insight about some of the many different challenges of motherhood. She conveys that she is content that she is a good enough mother even though she doesn't do everything perfectly, and mothers should not feel guilty for falling short of perfection. She doesn't serve all-organic foods, make food "from scratch," or sew her children's Halloween costumes. Despite her busy career and at times chaotic life, she makes the best of time she has with her kids and knows that she is able to provide for them what is really important.	
Strengths: Syler offers advice and wisdom through humor and experience about many issues that worry guilt-ridden working mothers.	
Weaknesses: This book only at times addresses the difficulties that face mothers with fewer means who work hard and struggle financially to provide for their children.	
Recommendation of Reviewer (please choose one and put "X" in box next to selection):	
<input type="checkbox"/>	Highly recommend for all parents
<input checked="" type="checkbox"/>	Highly recommend for parents with specific problems/issues
<input type="checkbox"/>	May be useful to some parents
<input type="checkbox"/>	Would not recommend
Additional Comments:	